

# Northwest Missourian

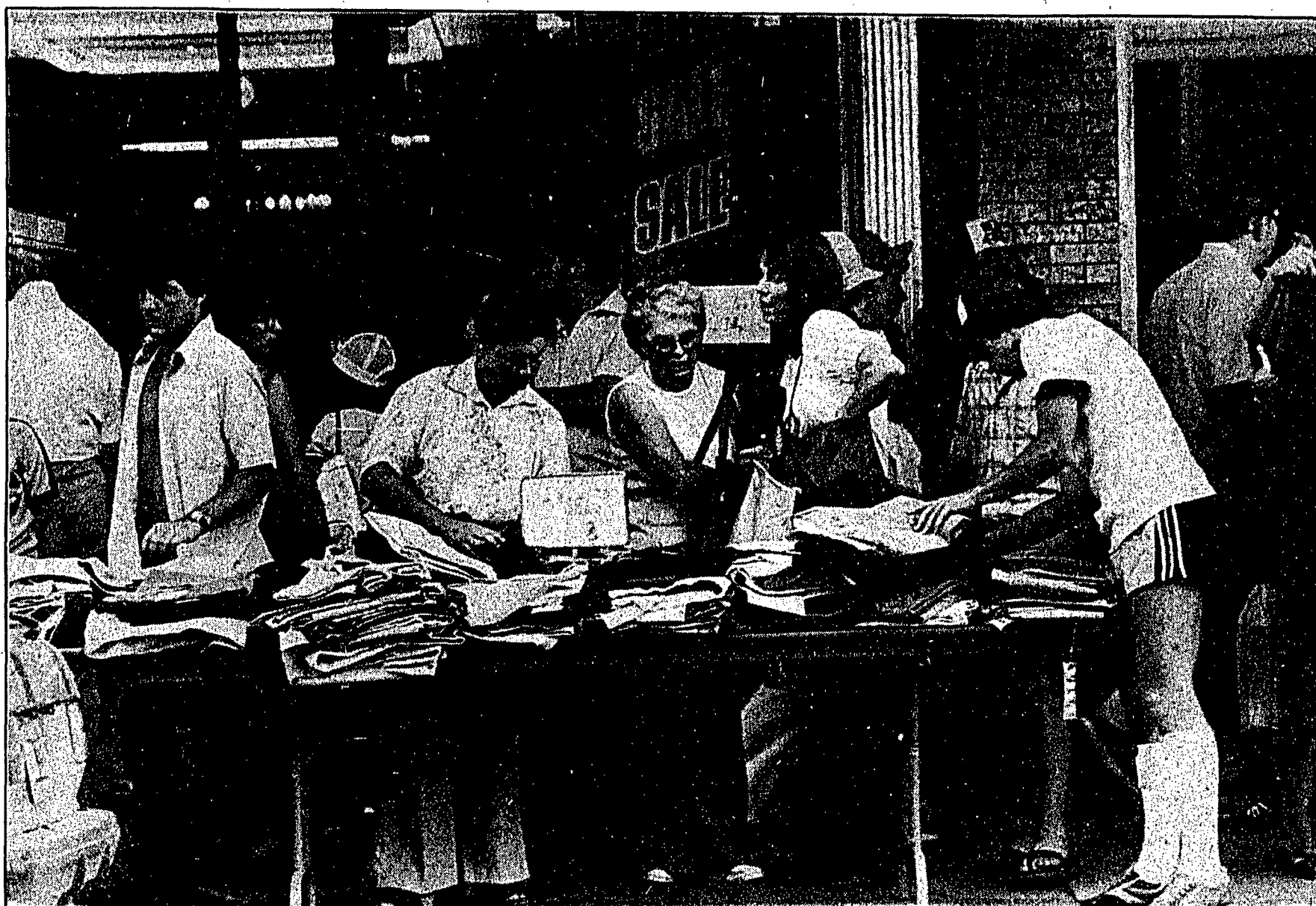
Northwest Missouri State University

Maryville, Mo. 64468

July 18, 1980

Vol. 42 No. 2 USPS 397-3000

10 cents



## Sales Sales Sales

Maryvillians looking for a good buy were up early Wednesday at the annual sidewalk sale. The same opened at dawn and ran through the day.

### Back in school again

## Dorms become home for married students

Although the dorms may not seem a likely place for most married persons, several are living there this summer.

Second floor Franken is for graduates and most of the married women live there. The married men live mostly on seventh floor Dieterich although it is not specifically a graduate floor.

The married students have had few problems adjusting to dorm life.

"The rules are no problem," said Carol Peterson. "None of us have meal tickets so we still eat when we please."

The women preferred living on a strictly graduate floor.

"It's a quieter floor," said Gerry Stripling. "By 10 o'clock it seems like everyone goes to bed."

Stripling said the majority of the students on second floor are older and few of the married students have roommates.

"It would be difficult for me to have a roommate," Peterson said. "I'm just too used to being very independent."

Being away from families is the main problem faced by married students in the dorms.

"I know my wife has said it kind of makes the week long," said Jim Schnack. "But I go home every weekend."

Out of the men, three go home every

weekend and three stay.

"The cost of gas is one reason you stay," said Don Tischler.

Almost all of the women go home every weekend, but classes end on Thursday for the majority of them.

"I think it's hardest on me rather than my family," Stripling said. "You know how old folks hate to be away from home."

Stripling, who is going for a master's in elementary administration, said since her two sons were both in college it was easier for her to be away from home.

Peterson said her 10 weeks away from her family have worked out well for them.

"In my case, it's probably the best thing that's ever happened," she said. "I have a 17-year-old daughter who has two older sisters. Her sisters have taken on most of the responsibilities since she was a little girl. But now that I'm away she has accepted a lot of responsibility. She cooks for her dad and works around the house."

Pat Nichols, who is getting a master's in physical education, said her children are older, too. The youngest is 18.

"They get along pretty well," Nichols said. "My husband's doing the cooking and my son's supposed to be doing the laundry, but I noticed a big pile of it last

time I went home."

Although her family is pretty self-sufficient, Nichols said her husband misses her.

"He gets lonely," she said. "So do I, but he's really pretty good about the whole thing."

Most of the students said summer school seems harder to them.

**'We had to be in at 9 o'clock,' Peterson said.**

"I don't think summer school is ever easy," Peterson said. "Personally, I don't retain as much from summer school because it's too much too fast."

Nichols said she likes professors more now than she did when she first went to college before her marriage.

"The professors are a lot more reasonable in their demands on students," she said. "They're a lot more realistic, maybe because they know that some students work and don't have as much time."

Some of the students first went to college up to 20 years ago.

"I was in school before I got married," Peterson said. "I've been back before this, too. There's no comparison. We had to be in at 9 o'clock. No men were allowed and there was no smoking in the rooms."

Stripling, who also went to college before she was married, said it is more difficult to notice differences in dorm life on the graduate floor.

"It really hasn't changed too much," she said. "I don't notice the rules too much on this floor. The classes are harder, but I think summer school is always harder."

Nichols has noticed several differences in dorm life today.

"There are a lot more older people in school—even for summer school," she said. "When I see these guys go up and down the stairs I know there's another big difference."

When Nichols first went to college, men were not allowed in the dorms anytime.

Peterson said one problem with dorm life is not enough exercise.

"We go on walks," she said. "When you're home you are doing housework and yard work and things, but here you just sit around."

## Teasdale institutes energy conservation

Strict energy conservation measures have been instituted on campus because of a state of emergency regarding energy usage announced by Gov. Joseph Teasdale Monday.

University President B.D. Owens issued a memo on Tuesday, re-emphasizing energy conservation procedures that have already been in effect. These measures include setting thermostats no lower than 78 degrees, closing drapes and shades in offices and classrooms when possible, turning off lights when they are not needed and shutting off coffee pots after 10 a.m., except those in the food services. Further, faculty and staff dress practices have been relaxed to emphasize cool, but neat and informal attire, and those working in areas that are not air conditioned have been warned against overexposure.

The energy emergency has been

caused by the heat wave that has moved into the Midwest. Peak electrical demands have been set almost daily throughout the affected areas. To make matters worse, the heat is expected to continue into August without significant break.

According to the News and Information Office, the University has already reduced all decorative and outdoor lighting to a minimum. Also, air conditioning in Garrett-Strong Science Building is being turned off from 4 p.m. to 6 a.m. and lighting is being kept to a minimum in administrative and faculty offices.

A memo being circulated by Dr. Desmond Dizney advises that to avoid serious problems caused by the heat, one should wear light colored, loose fitting clothing, drink plenty of water, take breaks from work often and avoid long exposure to the sun between the hours of 10 a.m. and 2 p.m.

## News Briefs

### Heat wave claims 720 lives

The killer heatwave now in its third week has claimed 720 lives in a 14-state area. Recent legislation by President Carter has called for federal officials to make \$6.73 million available to six states to provide relief to poor people in life threatening situations. The money is to be used for things such as transportation to relief centers, fans and air conditioners and utility bills.

States receiving the assistance are Texas, Missouri, Arkansas, Oklahoma, Louisiana and Kansas.

### Officials release boats

U.S. customs officials Tuesday began releasing boats seized in the illegal Freedom Flotilla to fishermen who complained about the paper work involved and the thousands of dollars in fines still to be paid.

Meanwhile, a U.S. coast guard cutter was escorting a pleasure craft carrying an estimated 60 refugees from Cuba. Lt. Norris Turner said. The arrival of two refugee boats late Monday pushed the Flotilla total to 116,313 since April 20.

### Queen to return

Secretary of State Edmund Muskie said Tuesday that Richard Queen, the American hostage recently released by Iranian authorities, will return to the United States on Friday.

Queen is presently undergoing treatment at the U.S. Air Force Hospital in Wiesbaden, West Germany, for what doctors say is multiple sclerosis, a disease of the central nervous system.

### Tapper earns Ph.D.

Four decades after she started her doctoral studies, persistence has paid off for Ruth M. Tapper, who at 73 has received her Ph.D. from the University of Wisconsin, Madison.

The former high school Latin and mathematics teacher, who earned her doctorate in classics, received her master's degree in Latin in 1932 from the University of Chicago, where she took her first doctoral courses in 1940.

## Inside

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Still here . . .

### Chapel unknown to most students

The Student Union Chapel, located upstairs in the southeast corner of the Union, is unknown to most students at the University.

Dr. Robert Foster, former NWMSU president, said the chapel has been moved twice since being built in the Union. It was originally built on the north side of the Union, but was moved around 1965 when the building was remodeled. The chapel was moved again in the early 1970s to its present location, Foster said.

The original chapel, which is now a dining room, was much larger than the new one which is about 10 by 15 feet.

"There were several weddings held there, usually in the spring around commencement," Foster said.

The chapel was also used for meetings by religious groups, but today is only used for meditation.



## Fiest heads NWMSU military department

Maj. Terry Fiest, asst. professor of military science, has traded positions with Maj. Robert Sauve, former department head of military science on the Northwest campus.

"Before coming here I graduated from the army command and general staff college at Fort Leavenworth, Kansas," Fiest said. "Maj. Sauve is there attending school now."

Fiest said he chose Northwest over several major universities for a number of reasons.

"I had the opportunity to go to Marquette, Michigan and Notre Dame," Fiest said. "But I wanted to stay away from the big cities as much as possible, so among other reasons, I came here instead."

Fiest has been on active duty since 1966 and he flew helicopters in Vietnam. When he returned from

Vietnam the army sent him to college and he received his master's degree from Central Michigan University.

Fiest said Northwest's ROTC program is one of the most progressive in the nation.

"The ROTC program was started here in the fall of 1978," Fiest said. "And it's really grown. It went from 33 students to over 200 in the first year. This has been the most rapid growth in any detachment in the country. Northwest really stands out."

Fiest said ROTC students are really "confidence building courses."

"These courses concentrate on building the students' self-esteem," Fiest said. "If I had one goal, I think it would be to make sure every student knew that."

Fiest said after high school, people need some of these confidence builders.

"It think the kids coming out of high school really need that today. I don't recruit people. I just show them what we have and what we can do for them."

Misconceptions are everywhere and Fiest said there are misconceptions about the ROTC program.

"The students really don't know what they can do over here," Fiest said. For instance, activity credits are available through the department.

Moving from his home in Colorado Springs was complicated by one of his hobbies.

"I collect Corvettes and old toy trains," Fiest said. "I only have two Corvettes right now, but moving took more trips than I would have liked. I try to find the cars, then I restore them and I sell them."

Fiest looks for his old toy trains in several places.

"Antique sales, yard sales, garage sales and trading with other train collectors are good places to find trains," he said.

Fiest has found the army anything but boring, partly because of all the moving around.

"We are constantly moving around and it is very nice," Fiest said. "But I do look forward to the day when I can settle down somewhere. I really enjoyed it when I was younger, but as I get a little older I really look forward to the time when I can settle down somewhere."

After Fiest's three-year assignment at Northwest is complete, he hopes for a promotion.

"I hope to be promoted to colonel and command a battalion. I don't know whether I will or not, but that's what I would like."



Maj. Terry Fiest talks about his plans for the Northwest ROTC unit. Fiest has taken over as commander of the unit following the transfer of Major Robert Sauve. [Missourian Photo/Dave Giesecke]

## University Day planning nears completion

Planning is nearly complete for the Aug. 4 University Day celebration to be held in Maryville. The celebration commemorates the 75th year since the commencement came that a state funded school was to be built in the city.

The real festivities will begin with a 6 p.m. parade. Many area groups and clubs will be participating in the parade, including a special community band organized by Lee Schneider and Dennis Dau.

The response has been pretty good to recruitment efforts in the volunteer band, Schneider said.

"It looks like we'll have about 30 right now, but we'd be glad to double that number."

"It's going to be kind of a strolling band," Dau said. "We're going to play

some of the old tunes that were popular back around 1905."

The plans are coming along very well," said Steve Mickleson, a key organizer of the celebration. "It looks like we should have a real bang-up parade. We are still accepting parade entrants, and we'll continue to accept them until July 31."

Grandstands will be erected east of the square for special guests, Mickleson said. An ice cream social, a lemonade stand and other concession stands are also planned.

An evening program will feature speakers as State Rep. Everett Brown, D-Maryville, NWMSU President B.D. Owens and other officials from the area.

In addition, formal invitations have been extended to the mayors of Albany,

Savannah, Stanberry and Rockport, whose towns were bypassed with the acceptance of Maryville as the site for the new school.

The relatives of Rep. J.H. Lemon and C.J. Colden have also been invited to attend the celebration. Both men were instrumental in obtaining Maryville as the school site.

Many different kinds of interesting memorabilia will be available at the celebration, including buttons and a special edition reprint of the Aug. 10, 1905, *Nodaway Forum*. This special reprint is already available at the *Daily Forum* office for \$1.

A special stamp cancellation has been designed for exclusive use during the Aug. 4 festivities.

"The special stamp cancellation may be used on any stamped item," Postmaster Bill Adams said, "but the Chamber of Commerce is also designing a commemorative envelope to accompany it."

The cancellation and envelopes will be available for \$1 at the post office, on the square and on the University campus.

The celebration is being organized and sponsored by the Chamber of Commerce. The Ambassadors Club, community clubs and service groups are also sponsoring the celebration.

Tentative plans include a fireworks display for the grand finale of the celebration.

## Food service encourages participation

Students can make the decision for the food served, the way it is served and preparation of the food. The ARA food service has encouraged the development of a student food service committee.

Mary Steffensmeier, the location manager for ARA, said, "The purpose of the committee is to give ARA an idea of the students' likes and dislikes."

The committee meets once a week this summer and will continue through the fall.

Students on the committee volunteered for the positions.

"The hall director made an all call in the dorm asking for volunteers who

were interested in the food to come to a meeting, so I went," said Cindy Terry, a member of the committee.

"We bring student complaints and our feelings about the food to the meetings and discuss what can be done about them," Terry said.

"Since the committee has been formed, the food has improved as far as I'm concerned," said Terrie Miller, president of the student committee.

"The salad bar for instance. We mentioned that the salad bar had more of a selection before and it was taken care of the next day," Miller said. "The ARA staff is very concerned with the student feelings about the food service."

## Solar system short course offered

"The Structure and Evolution of the Solar System," a two-week short course, has been underway for a week and will continue until July 25.

The course is offered by the department of physical science and is taught by Dr. Jim Smeltzer, professor of physics. It is designed primarily for science teachers at the junior high and high school levels. Students enrolled in the short course may earn two senior level or graduate level hours of credit.

Smeltzer said, in the last decade, and especially in the past three years, there have been significant advances in knowledge of the solar system and its origins.

"As a result, many of the textbooks in use now are outdated, and one of our

purposes is to update the high school and junior high teachers on the most current information."

Smeltzer also said the course focuses on where teachers can find current resource materials concerning the solar system.

The National Aeronautics and Space Administration will be involved in the short course. Scientists who have worked closely with NASA will present lectures to the workshop, and NASA has provided each person enrolled with current material. Their printed materials include four hard bound books on Mars, Mercury, Jupiter and Saturn plus pamphlets and charts on many aspects of the solar system.

Two of the lectures will be presented on July 24, and they are open

to the Public in Room 123, Garrett-Strong. Dr. Ray Arvidson, professor of earth and planetary science at Washington University in St. Louis, will speak via the telephone hookup at 9:15 a.m. He was a member of Project Viking's lander imaging team and the science team leader for the extended mission.

At 10:30 a.m., Dr. Lawrence Collin, from NASA's Ames Research Center, will lecture. Collin was a project scientist on the Pioneer probe to Venus. NASA's voluntary interest stems from its own interest in enhancing education in the nation's schools concerning space exploration and findings, as well as Dr. Smeltzer's own involvement with NASA.

Smeltzer has been NASA's guest on numerous important NASA projects. He

has, for the past eight years, been on hand in mission headquarters when various missions were launched and encountered such planets as Saturn and Jupiter.

## Goal booklet written for undecided

Martha Cooper, coordinator of special services and programs, has written a booklet to assist undecided students in selecting career goals.

"It's still in rough form," Cooper said, "but we hope to perfect it soon. We're giving a copy to each freshman at pre-registration."

Cooper designed the booklet with assistance from the heads of the major divisions of the University.

The booklet lists the main divisions, the kinds of majors available in each and many of the career possibilities to which each major leads.

"Undecided majors among freshmen in July's pre-registration are running about 35 percent," Cooper said. "At that age, they've decided to come to school, but they're not sure why."

If Cooper's booklet is not enough to give the undecided student the help he needs, there are additional services available.

"We invite undecided students to a career seminar that Don Carille, Dave Sundberg and I give," Cooper said. "Then they go through counseling and an evaluation."

"What we hope to have next fall is a short career course. We're working on that now. We hope to have a computer program that will self-instruct the student by asking questions, and then making career suggestions."

"We think that helping students find a career goal is the best thing we can do for them. As long as they don't have a career goal, they're susceptible to drop out."

## Stuart wins award

Rick Stuart, a NWMSU accounting major, has been chosen for the Outstanding Young Men of America Awards Program for 1980.

To be selected as an Outstanding Young Man of America, the man must show voluntary community service, professional leadership, academic achievement, business advancement, cultural accomplishments and civic and political participation. The man must also be between the ages of 21 and 34.

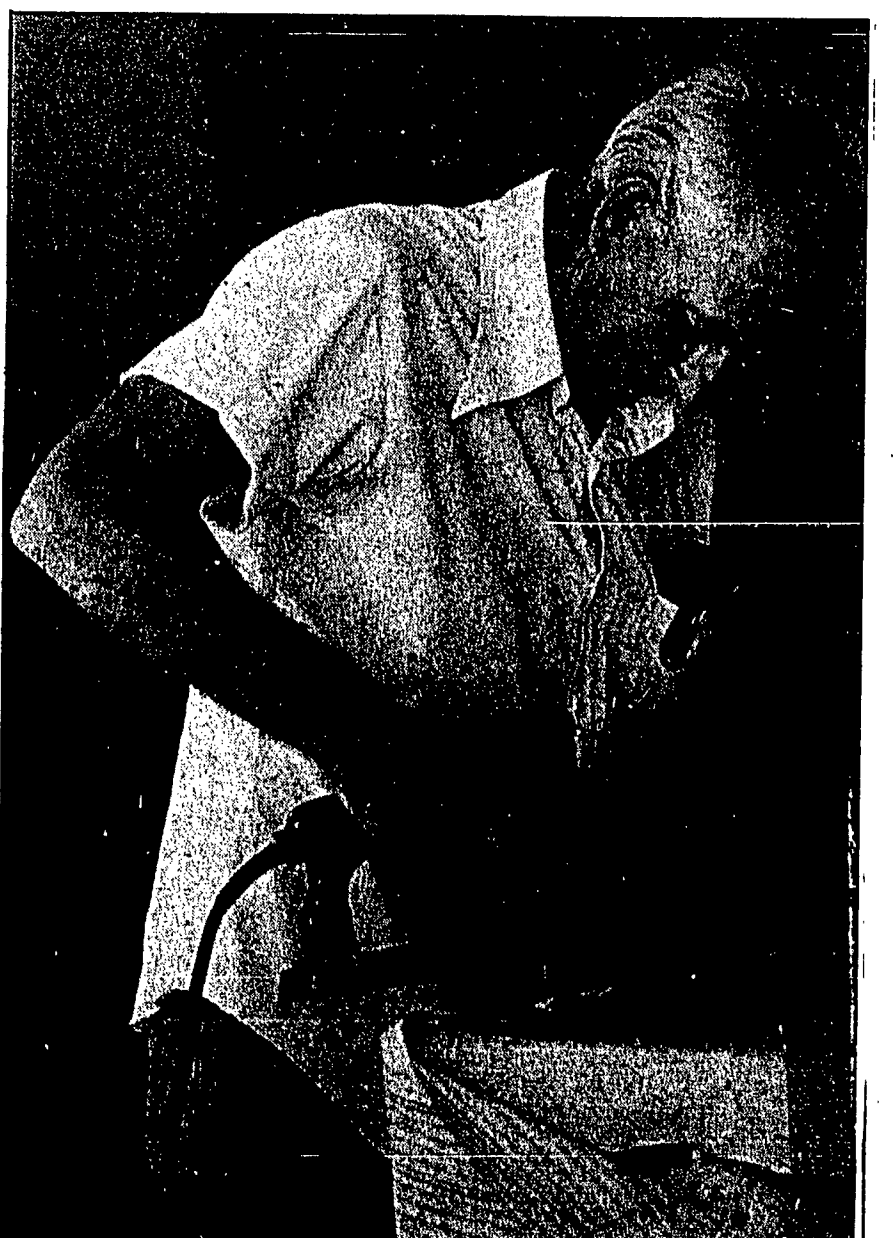
Stuart was nominated by Donald Minyard, NWMSU business instructor. Minyard, a former recipient of the award, said that Stuart showed

leadership qualities by being involved in church activities and community projects and had good scholastic achievements.

"I've never won an award like this before and I was really surprised when I got the letter telling me I'd been chosen," Stuart said.

The Board of Advisors who made the final selection of the awards is made up of national presidents of community organizations.

His complete biography will be featured in the annual book, Outstanding Young Men of America.



Trying to get ready for the upcoming fall semester, an employee of the Midwest Bedding and Upholstery fastens a mattress together. The company put 320 new mattresses in North/South Complex this week. [Missourian Photo/Dave Giesecke]

## Classifieds

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# Sports

## 24-hour marathon not completed

Confusion and injuries forced an end to the scheduled 10-man 24-hour relay after 13 1/2 hours Saturday night on the NWMSU track.

Coach Edward Alsop, the organizer of the event, said, "Vernon Darling had hamstring problems and Steve Swanson

had developed stomach cramps. Without two of the runners we wouldn't have had a chance at the record." Alsop also said, "That conditioning of the runners could have been the problem leading to the injuries."

The 10 runners included five-time

all-American Mark Curp from Central Missouri State, former Bearcats Darling, Joe Ankenbauer, Mike Sayers and Bob Kelchner, as well as Swanson, Mike Emanuele, Jim Ryan, Tim Henrickson and Greg Frost from the present NWMSU running teams.

According to the rules of the run, each of the runners take turns running a mile and then hand off the baton to the next runner. Once a runner drops out he can not re-enter the race.

The race was to begin around 7 a.m. Saturday, but as of 9 p.m. Friday, when one runner dropped out, the possibilities of postponement or cancellation were discussed. All-American Wally Duffy of Illinois University told Alsop that his training wasn't up to that level of competition. Henrickson was then chosen to take Duffy's place. He will be a freshman on the cross country team this fall.

The team showed a lot of enthusiasm during the early morning hours. But during the afternoon their attitudes changed as Sayers said, "Motivation and desire seemed to wane as time went on."

At 8 p.m. 150 miles had been completed. This meant that they were on the state record pace of 285 miles set by a team at Sedalia last year. Curp was a member of that record-setting relay team. At this time, Darling dropped out, followed by Swanson.

"It seemed that after a couple of runners decided to quit, the interest was lost. Once Vernon got hurt it started a chain reaction," Sayers said.

Emanuele added, "We were on pace for the state record, but when a couple guys dropped out Coach Alsop suggested that we stop because the record was no longer obtainable due to the shorter rest periods."

Emanuele, who drove from Washington, D.C. was not ready to throw in the towel.

"Me, Sayers, Joe, Grass (Ryan), Bob and Tim were ready to go the rest of the 24 hours. But this would possibly lead to more injuries because there wouldn't be enough time to rest, then get ready and run. I was very disappointed," he said.

Henrickson also reflected Emanuele's feelings.

"We knew we couldn't get the record, but I hate to go out and not finish a race. I knew we could have made the whole 24 hours."

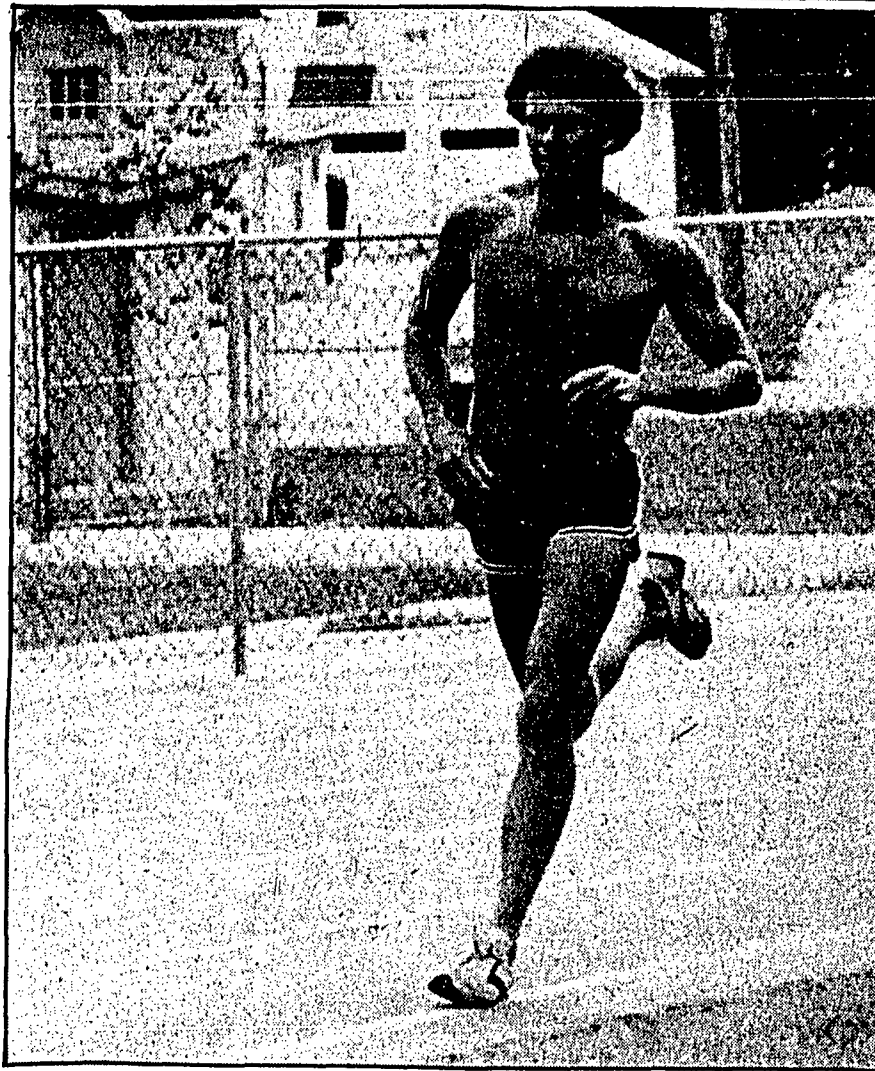
"I was very disappointed, because after not being able to finish last year's run, I wanted to go all the way this year," Ryan said.

At the time the race ended, the average mile was just over five minutes per runner, with Darling clipping off the fastest one in 4:49. Bill Goodin, former Bearcat standout, and Pat Schlapa were there most of the time giving out times and moral support.

"In an event like this, you have to be pretty crazy to do it, so getting support from somebody makes it that much easier."

Although this 24-hour relay is over, Alsop is already thinking of the next one.

"We may try to get another 24-hour run together this fall when they (athletes) are in better shape. We might get another school here to give us some competition. After you've run one, it is more important to shoot for the record."



During the opening stages of the run-a-thon, Bob Kelchner rounds a corner and completes his mile. After two runners dropped out of the running event, the run was cancelled. [Missourian Photo/Carole Gieseke]

## Training room expanded

Sandy Miller, athletic trainer, doesn't quit working in the summer just because there are no college athletics in progress.

This summer, Miller is preparing for next fall and working with the camps coming to the college. He will have more room next fall to practice his treatments and training techniques. Lamkin Gymnasium will be the site of a newly remodeled training room.

"The big advantage will be the space, there will be more room for taping while treatment and classes are going on," Miller said. "The training room will be moved next year, therefore, the girls will be getting more of an advantage compared to what they've previously had."

"The training room in Martindale Gym will basically be there for taping and the other equipment will be moved to Lamkin," said Miller.

Currently, women's athletics has no fulltime certified trainer for their 1980-81 sports. Miller says they (The athletic personnel) are still waiting for the right application.

"Our biggest problem is with the men's and women's sports overlapping and finding a certified trainer to accompany both on the road trips," Miller said. "We do have student trainers and I have an assistant certified trainer this year who will be helping out, but a female certified trainer is still needed."

As for new equipment in the fall, Miller said the equipment we have now is sufficient for the school and the injuries we've had and maybe sometime in the future we'll be looking at newer equipment. There will be new training tables made for the larger training room though.

Currently, the training and rehabilitation equipment consists of a whirlpool, an Ultra-sound for deep heat treatments, a TNS muscle stimulator purchased in the fall of 1979, a hydroculator for moist steam packs and the essential ice machine for the cold treatment.

"More men have injuries that require the use of the rehabilitation facilities simply because of the number of participants in men's sports here. With the newness of women's sports we're getting different types of injuries there," Miller said.

The most prominent injuries for both men and women athletes are the ankle and knee or lower leg injuries, Miller said. "We try to prevent many of these injuries, but every now and then surgery is necessary."

About 20 years ago, if an athlete had surgery, the athletic career was automatically ended, but now surgery doesn't terminate the athlete's career. hoped that the injury can be prevented before surgery is required.

Miller puts a lot of time into his work on and off the field or court.

"For a home football game we spend three to four hours taping and preparing the athletes before game time. It depends on the type of sport, and how many and what kind of wrappings or treatments are needed as to how long we prepare for the game," Miller said.

"With Bearcat football beginning August 18, the bigger training room will be an asset to the treatments and rehabilitating processes. More athletes will be able to be taken care of in a shorter amount of time, simply because of the larger area," Miller said.



Members of the 10-man, 24-hour run-a-thon try to catch a few winks of sleep before hitting the track again. This was the second year for the event. [Missourian Photo/Bob Dolan]

## On the sidelines

by Dave Gieseke

mightily hot down on the baseball during this unforgettable summer. Only two of the major league teams have proven to be "hotly" contested, and that's the way they will end up come October.

The National League has a couple of contests going on in their divisions.

Who is in first unless the news is read in the newspaper. The American League is a different story. The Kansas City Royals and the New York Yankees are running away with the titles. The Royals simply outpace the Yankees in the competition and the Yankees, for all true-blue Royals fans, are the class of the League Eastern Division.

The Royals did not play their best ball on right before the All-Star game since then they have been winning. They are well over .500 and are ahead of their nearest competitor. But they don't really have much competition. The teams that are in the Kansas City club, Texas and Chicago, are under the .500 mark and it is all miracle for these clubs to be in the playoffs. Someone should have called off the strike and the rest of the league don't have the division to all they have to do in the playoffs is a runaway. The Royals, the Yankees do

have some competition in their division.

Only Cleveland and Toronto are not playing .500 play (some contrast to the western division). But their closest rival, Milwaukee is still on the horizon. The Brewers (or Baltimore, Boston or even Detroit) have a chance to catch the Yankees, but they had better hope to continue their fine play or pray that the Yankees will fall from the grace of the great baseball god in the sky. That seems very unlikely at this point in the season. It will be the Yankees in another romp.

But in the National League it's a totally different story. There are races here, dandy ones, that will continue (hopefully for the fans) down to the last minute of the regular season.

In the east, it has been a dog fight between the Montreal Expos, the Phillies of Philadelphia and the Pittsburgh Pirates. Any of these three teams could come out on top on the final day, but the edge should rest with the World Champion Bucs. Pittsburgh is the city of champions and the Pirates are trying their best to uphold this new tradition. The Steelers made it two in a row and their baseball counterparts are trying their best to uphold their end.

It should be no surprise if either Montreal or Philly beats the Bucs to the punch. They are totally different teams. Montreal is young, while Philadelphia has more senior citizens on their team than Ronald Reagan does, but each has found a way to win.

It's too early to predict who will make it to the World Series and then become the champions of the world (Japan is excluded, of course). Yet maybe the Royals could do it this year. If the Series was held now, they would have a good shot at it, but the fans and maybe the Royals will be enduring the heat for awhile yet.

The races in the American League will probably be dull and boring until October, but at least baseball fans will have some excitement this year. It's in the National League.

For those of you that believe, the Mets may not be amazing, but they are giving it the Old New York try. And for the first time in a long while, there is a possibility of a subway series with the Yankees. That would be too much for us mid-westerners to take, but the two teams from the east may just do it. The Phillies should win by a wheelchair.

The west is wild again this year, with Houston, Los Angeles and Cincinnati in the thick of things. The Astros lost out at the very end last year, but with their excellent pitching and improved hitting, they should come out on top in October. But both the Dodgers or the Reds have the same ability to claim the division flag. The Dodgers will probably bleed blue too much and fall behind in the pennant chase and the Reds will also tucker out in the end. It will be Houston by a nose.

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# Viewpoint

## Road repairs cause problems for students

Getting into campus has proven to be a merciless task not only for NWMSU students, but for the incoming freshmen, transfer students and their parents who are here this week for fall pre-registration.

Two main entrance roads, Northwest and the High Rise Road, are both closed for construction.

Another problem is the off-campus students who can't find a place to park because of the extra cars here for pre-registration.

To come to school only to face a mysterious maze of closed roads and construction equipment must be very frustrating, not to mention the wasted gas and extra time it takes to find an open entrance. After all this comes a battle for parking places.

The streets could have feasibly been repaired one at a time. The inconveniences, waste and hassles of guessing which entrance will be open on what day is ridiculous.

The least consideration is posting signs telling which roads will be closed on what days. Even detour signs would help to tell the general direction of an open entrance.

The most confused people must be the first-time visitors to the campus this week. Recruitment is an important word in the University language and giving freshmen more problems with roads is not good for a favorable impression. They can spend a valuable portion of their day (which is supposed to be spent enrolling, meeting people, familiarizing themselves with the campus and learning more about what will be going on in the fall) looking for one of the open entrances.

Needless to say, those people who commute for the summer session must feel left out in the rain. One day they come in the usual entrance, the next day it's a game of chance that yesterday's entrance is closed for repair.

That's not to say that campus streets are not badly in need of repair. Anyone who has driven on campus knows that the potholes previously in the high rise parking lot were big enough to engulf a small car. However, this problem has been taken care of with little inconveniences. So, why can't the road problems be solved in a similar manner now?

Needless to say, there are ways to avoid this street repair inconvenience, but who will see to it that these little things are dealt with properly? When twice as many cars go through half as many entrances it causes unnecessary congestion.

The road behind Garrett-Strong, used mostly by the high rise students, is closed for repairs. The other obvious entrance to the high rise area is also closed for repairs.

Summer school students, although fewer in number, and also next fall's freshmen deserve the same consideration as any other drivers. One consideration would be to fix the necessary entrances one at a time.

## Convention coverage becomes media circus

Media coverage of important current affairs is important, but the network coverage of the 1980 Republican convention borders on the ridiculous side.

The Republican convention is an important event even if the outcome has been known all summer. An event as important as the convention deserves quite a bit of news coverage and might even warrant a couple of hour specials. But no matter how dramatic a political convention might be it does not deserve prime-time coverage of every word, yawn and undramatic pause by all three networks.

The fact that the outcome of the Republican convention (as well as the Democratic) has been known long before the primaries ended makes the current network circus even more bizarre.

Why every network would want to cover the exact same event is a good question, but one the network executives overlook every four years. Do they really think that viewers are going to debate on whether NBC or CBS has better

camara angles? Does the average viewer care which announcer has a sexier voice? Most viewers do not wish to watch every second of the undramatic 1980 political conventions, but are still having them forced down their throat. It appears the networks have little faith in the intelligence of their viewers and must force them to watch what is good for them by showing the convention on every channel.

The networks are not only over-covering a mundane event, but they are hurting themselves as well. Many viewers will switch to an independent station to watch reruns of "Love American Style" when given a choice of one by the three major networks.

If CBS, NBC and ABC all feel the need for full coverage of the political conventions, it seems they could cooperate with each other and rotate on which one station covers the event every four years. This would create more choice for the viewers and possibly keep our political convention from becoming a media mockery.

## The Stroller

Monday morning rolled around a little quick for your not very alive, awake and enthusiastic Stroller after a wild weekend of wine, women and song.

Well, maybe wine and song, but due to matters beyond his control, your Hero had to take the next best substitute to women--food. And boy, did your man eat good over the weekend--greasy tacos with tons of hot sauce and cheese, two-inch thick pizza, six home-cooked pounds of lasagna sent through the mail by Mom Stroller and that was only the beginning.

Your man was in hog heaven this weekend with quite a lot of Jungle Juice and some beer to wash all these mass quantities of food down. But when Monday morning rolled around, Your Stroller found someone had played a cruel trick on him. As he pulled on his favorite and coolest cutoffs, he found they had obviously shrunk in the wash since he was unable to even get them on.

Oh, well, he didn't want to wear those old things again anyway. His next choice was a pair of slightly worn designer blue jeans and a bright yellow muscle shirt. The shirt didn't prove too difficult, but your Stroller was again having a little trouble with his pants.

This time your Hero was really disgusted. Here second block had hardly begun and some cruel joker had sneaked in his room and shrunk all of his clothes. How could anyone do such a mean thing to a charming young man? How did they sneak into his room? It

must've been while he was away eating one of his many, many breakfasts, lunches or dinners.

As your man struggled out of his tight jeans he began to mentally list all of his major enemies, but he couldn't think of one who would stoop so low as to attack innocent laundry. That left your flabby Stroller only one conclusion--he was getting fat. Since your Hero was a man of high indulgence when it came to partying, and alcohol was fattening, he decided maybe all he had to do to lose his excess fat was give it up. After a trial run on the wagon from 3 to 8 o'clock that night, he knew that was not for him.

Even if giving up alcohol was not the solution, your Stroller knew there were thousands of diets out and he was sure he would find one weird enough. There were as many diets as there were overweight people, but your man didn't realize how many there were or how strange until he began to look for them.

Some of the weird diets seemed too strange to even begin to work. One particular diet called for four large cheese pizzas a day, but your man

quickly disregarded it. Another diet he noticed was the famous egg, hot dogs and banana diet. Even though this one supposedly worked, your Stroller's high moral principals kept him from starting this one. He was sure Sigmund Freud would have a heyday with it.

Finally, your Hero found the diet meant for him. This marvelous diet contained two of his favorite foods--cucumbers and Cheetos. The fact that they were the only foods he could eat for two weeks didn't slow him down too much.

Starting the diet the first day, your Hero found he had neglected one thing. The University cafeteria did not serve a cucumber-Cheeto lunch or dinner plate and he was forced to sneak back to the salad bar several times, each time picking out all the cucumbers. Even more degrading than that was crawling under the tables of the unsuspecting junior high campers and swiping their Cheetos.

After several days playing James Bond of the cafeteria, your Hero had about had it with cucumbers and Cheetos. One day when the cafeteria

offered neither of his restrictions, your man knew something was done. As he drove down to purchase his cucumbers and your man found the thought of eating the two foods again killed him. It was then that he took over his brain and Stroller finally gained control of his body, he found he had already done a large pepperoni pizza.

Since your Hero had unwittingly blown his diet, he just completely gave up and ordered another large pizza. Afterwards, he could just exercise it off.

To exercise off his two pizzas, your Stroller dug out his ancient bicycle to go for a cross-country ride. After hosing off several "cheesies" (it had been fifth grade since he had ridden it), and pumping up its two flat tires, he knew he was ready to hit the streets. Your Hero got as far as the sidewalk beyond his dorm and knew the heat and the two large pizzas had almost done him in. All his exercise had done him was to make him amazingly so your Hero completely gave up and headed for his handy six pack.

## Campaign '80

In all their splendor, the Republicans have gathered in Detroit this week for the sole purpose of coronating Ronald Reagan as their nominee and to collect strength to beat Jimmy Carter in November.

The task of winning over Carter has already been made easier thanks to Carter himself. Yet, Reagan is not the one who will be able to do it. His failure to make moderate concessions on issues such as his anti-Equal Rights Amendment and anti-abortion stands will cause Republicans to be divided whether they show it or not.

And the new image campaign which they have taken on should be taken at face value as nothing more than rhetoric which will begin to fade out this fall.

But despite such a poor choice in nominees, the Republicans have a right to celebrate. For the first time since 1972, when Richard Nixon was renominated, they are united as to their choice. And of course, they should be happy that Reagan is ahead of Carter in all the major polls--a lead which is sure to diminish with the summer heat.

The shift to the right which Reagan and team are relying upon is an extremely scary thought. How can we elect a man who wants to cut social programs for the sole purpose of spending more money on weapons. The last time we flexed our muscles so boldly, we ended up in Viet Nam and virtually destroyed our credibility as a strong nation. It is terrible to think that dollars which could send a student to college through a grant would be spent instead to buy that student a gun to use in some foreign country.

So, behind all of his past glamour and political wisecrackery, Ronald Reagan is really nothing more than a sly politician who is trying to achieve a miracle by running for president. An argument

which states that Reagan's running mate will make the difference is misleading. Reagan is pretty much his own man and will only choose a running mate as a symbol. (Why not Nancy?)

But the Republicans don't seem to take any of this into consideration. All they care about is the prospect of once again having their party in the White House. So, as they have their fun this week, remember that many of them are still hiding behind a mask of apprehension concerning Reagan and his unwillingness to compromise on more moderate views in his own party.

He may look like a strong man now, but as the campaign progresses, November will surely bring Reagan's final bow. After all, anyone who believes as Reagan does, that the Soviet Union will help Carter in his bid for re-election, doesn't have much faith in the American voter. Can we afford to put faith in him?

## Northwest Missourian

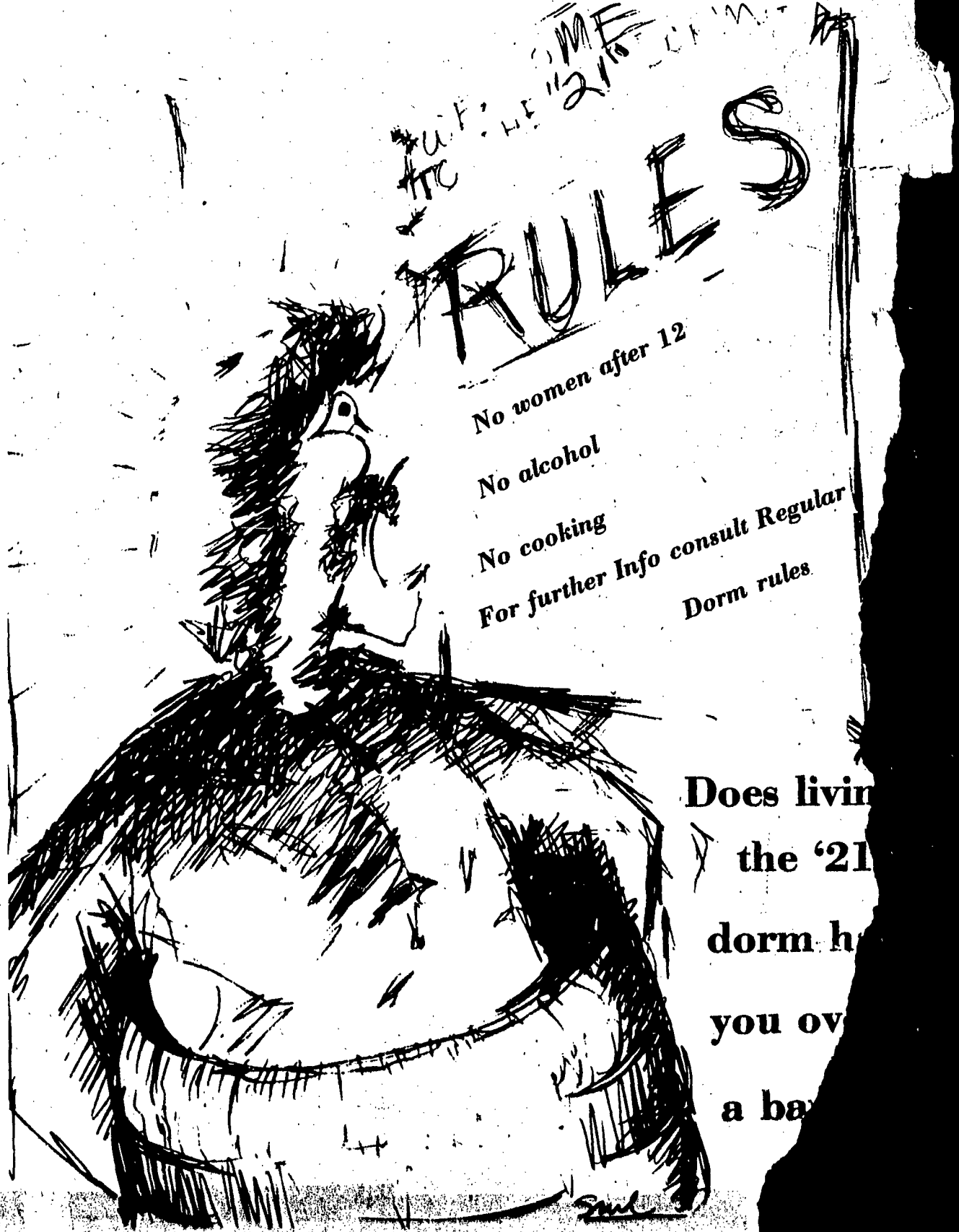
The Northwest Missourian is a laboratory newspaper whose objective is to provide journalism students with a learning situation in which the professionalism, responsibilities and ideals of a free press will be part of their training.

Opinions on this page do not necessarily reflect the opinions of the University administration or other personnel.

Letters to the editor must be signed and must not exceed 350 words.

The Missourian reserves the right to edit. Letters must be in by Monday to assure space in that week's paper.

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# Miller to play in England

Russ Miller's standout basketball career at NWMSU may have gone unnoticed by the NBA, but in Europe heads are still turning, which has led to the 6'10" center's signing with the Hamel, England, basketball team.

"I'm really glad I have the opportunity to do something I like to do and get paid for it," said Miller of his recent signing. "It will give me a chance to see Europe. I love to travel."

Miller feels his signing with an English-speaking club is a double blessing in the fact that he will not be faced with a language barrier.

"I'm happy I'm going to England. I honestly couldn't have asked for a better place to play. I won't be faced with a language problem as compared to playing somewhere like France. I'll still have an adjustment period to the British lifestyle, but the sooner I adapt to basketball the easier it will be for me to adapt otherwise," said Miller.

One major challenge facing Miller is adjusting to European basketball which relies more on fitness than finesse.

"The pace of the game is a lot faster over there than in the United States. The only time the official touches the

ball is on a foul. Sometimes you can go eight minutes without a substitute," he said.

"It will be a lot rougher than in college," said Miller. "You have to be in shape. You can't just be dogging up and down the court."

Miller first considered playing overseas when he attended a tryout in St. Louis.

"Nobody over here seemed to want to pay me too much to play," he said. "I had a tryout in April in St. Louis for the European League. My agent did most of the work after that. I guess somebody liked what they saw," he said.

In joining the Hamel club, Miller will be faced with some stiff competition.

"They're in the best league in England so I know I'll have to work to gain a starting position. Last year they

finished third in their league," he said.

Another adjustment that Miller faces is that he will have to accept the fact that basketball is considered a foreign sport in England.

"Basketball is not nearly as popular over there as it is here. They look upon it like we view soccer. They do play for a championship though," he said.

As for making European basketball a career, Miller is a little leery at this point.

"I've signed a seven month contract so you can tell there isn't a whole lot of security. Because each team is only allowed two American players apiece, if you get hurt or don't produce, they ship you home. I'll just have to wait and see how things turn out. If it works out I'll try and make more money with them next year."

## Anderson looks for Maryville signatures

Eric Brass, a member of the National Unity Campaign for John Anderson, spoke to a group of about 20 people Wednesday night in the Student Union. Brass, who is organizing a Missouri petition drive to get Anderson on the state ballot, was trying to recruit supporters to petition signatures in the Maryville area.

Any candidate not of the two major parties must petition to get his name on the ballot. In Missouri the candidate must have signatures from one percent of the people who voted in the last governor's election in all 10 districts or two percent of those voters in five districts.

"It's going to be a foot race in the sixth district right down to the wire," Brass said.

Brass said the Anderson campaign needs about 19,000 valid signatures in Missouri and he'd like to get 1,000 in Maryville.

"If we decide to do it by each congressional district, we can screw up in one district and Anderson wouldn't be on the ballot."

A petition drive for Anderson is important in more ways than just getting him on the ballot, Brass said.

"Petition drives get the word out about a candidate," he said. "Right now signatures are the key."

The deadline for petitions in Missouri is Aug. 4.

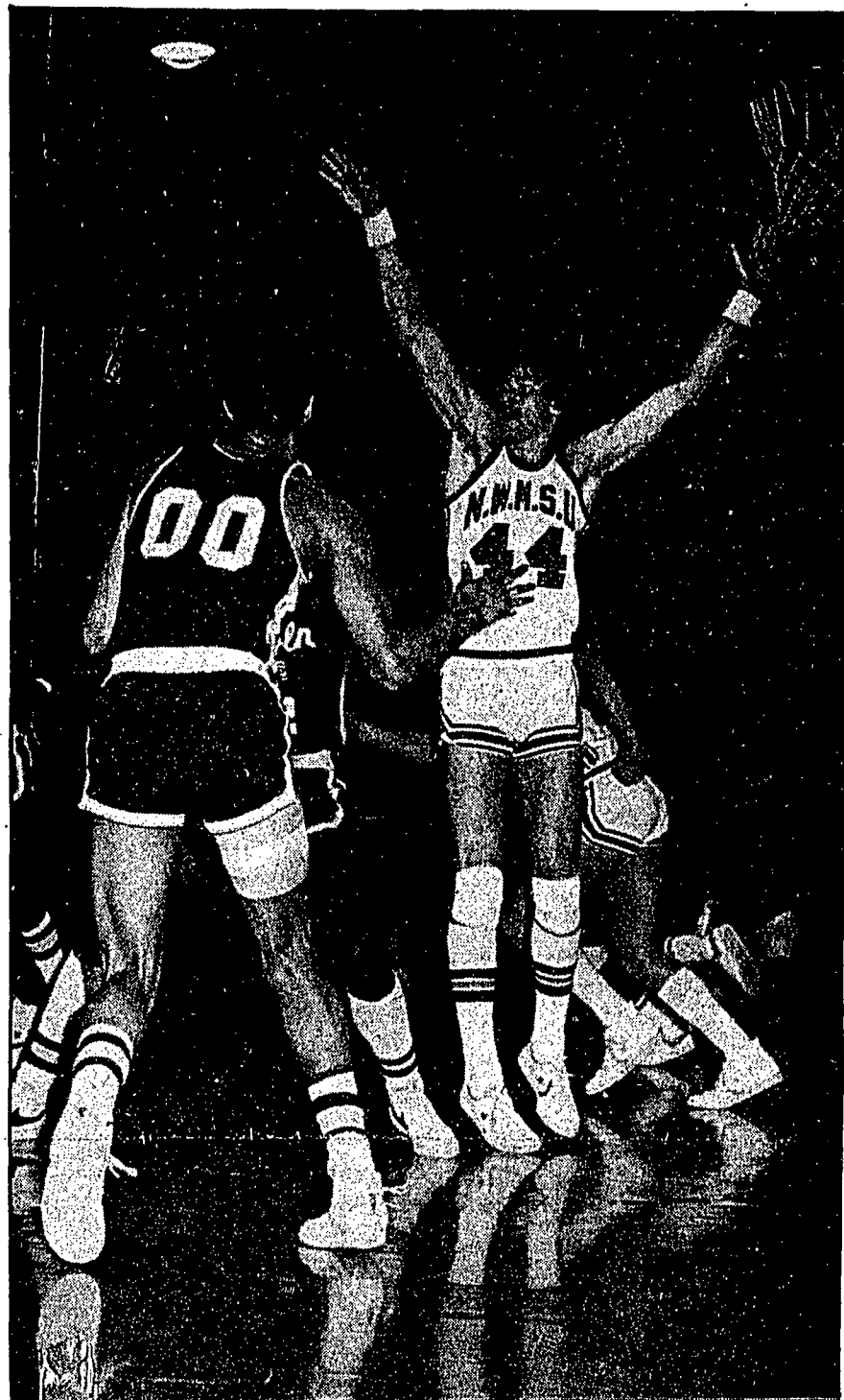
"So far, we've made the ballot deadlines in every state since Anderson declared himself a candidate," Brass said. "It looks like we have a good chance of being on the ballot in over 45 states."

Brass said Anderson is leading the polls in the eight largest states.

"I think we should at least get Anderson on the ballot so we have three months to decide," he said.

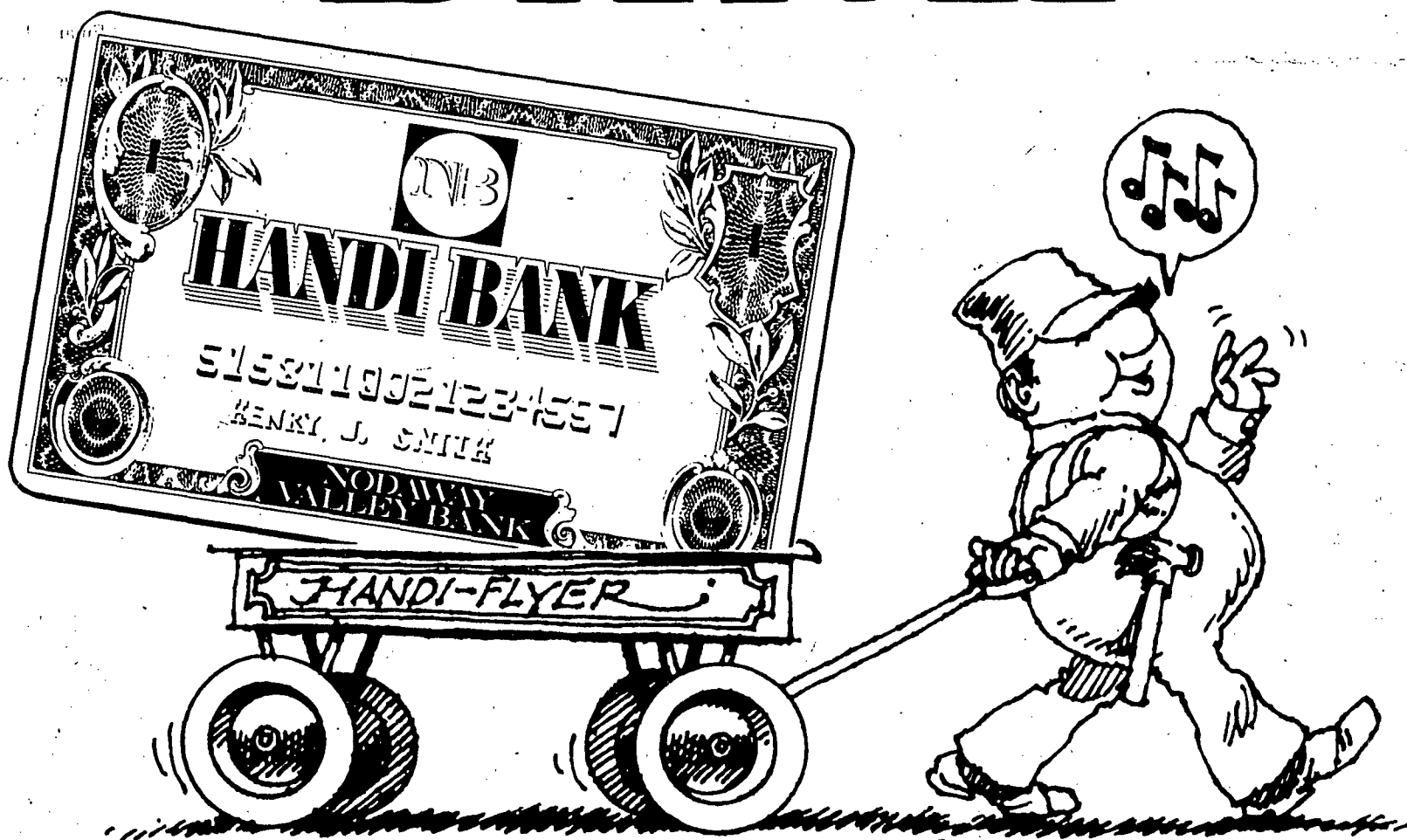
Brass was critical of Reagan and the ongoing Republican convention.

"Watching the convention on TV, it's like let's bury all the issues and put on a comedy routine instead," he said. "That's what appealed to me about Anderson when I first met him--he's very blunt about things."



Russ Miller tries to block a shot in a home game last season. Miller, the second leading Bearcat career scorer, is headed for England and basketball in the European league. [Missourian Photo/Dave Gieseke]

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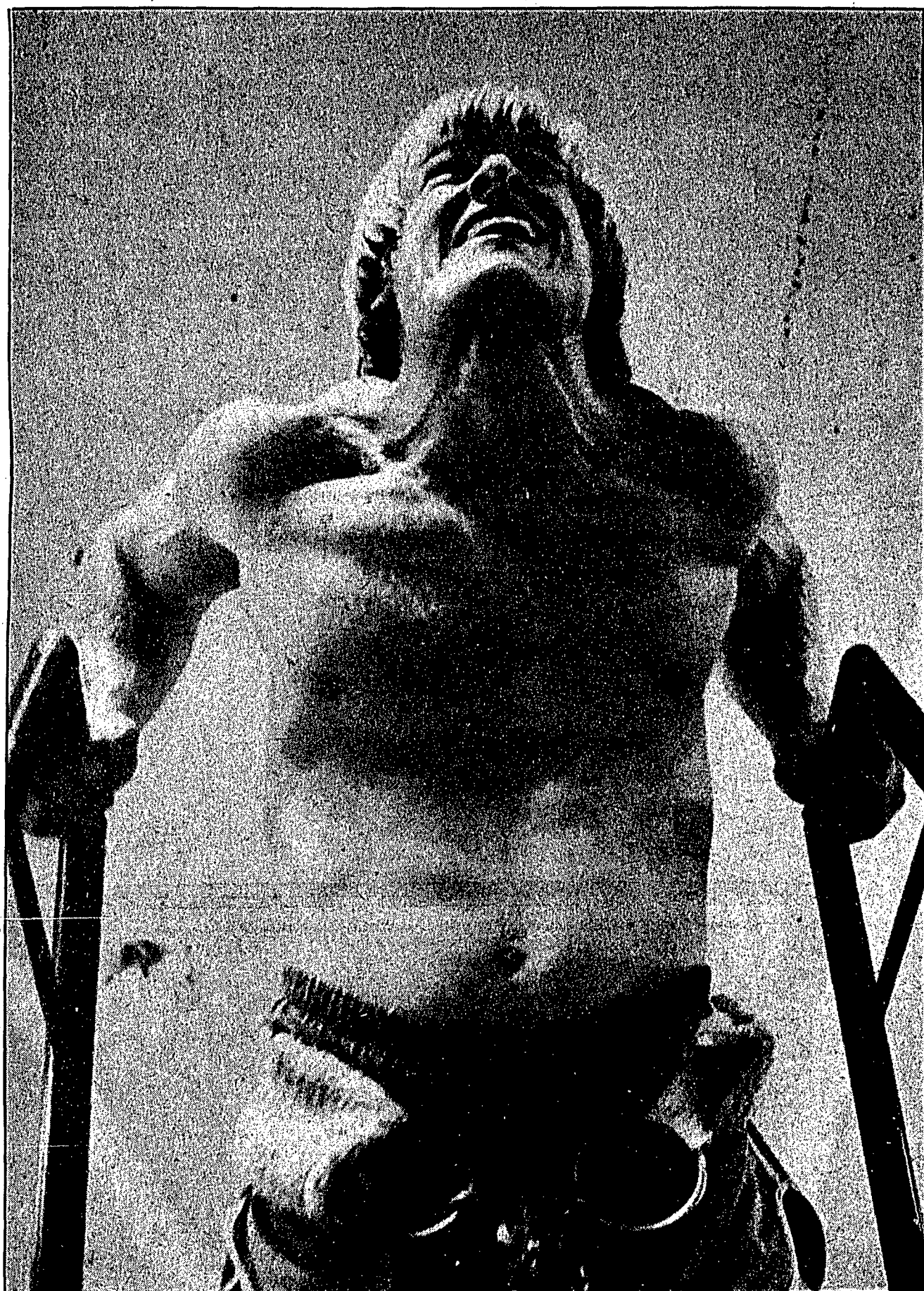
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# Northwest Lifestyle

## NWMSU lifters 'weighting' it out



University weightlifters are pumping to perfection. "I am an idealist," said Tony Aburime, a member of the weightlifting club. "And I believe a man should have an ideal shape. I think it will take me a year or two before I reach my ultimate shape though."

Most of the serious weightlifters on campus this summer have had their eyes on professional bodybuilding competition, though not for several years.

"I want to compete in bodybuilding contests sometime in the future," said Ben Birchfield, graduate assistant. "There are all kinds of contests like Mr. Universe and Mr. America."

Dave Porter, also a member, said there was a lot more involved than just having the body for these contests.

"Maybe in a few years I'd like to think about competition, but it takes a lot of time and a lot of money, and right now, I have neither one," Porter said.

There are as many reasons for weightlifting as there are weightlifters.

"I worked out back in 1975 when I came here on a football scholarship," said Birchfield. "That's when I started to develop an appreciation for weightlifting."

"I originally started working out to help me in other sports," Porter said. "But after awhile it just got to be sort of a habit."

It also decreased nervous strain.

"It relieves a lot of tension," Birchfield said. "It makes me feel very good emotionally and physically and I think it looks good."

Every weightlifter develops his own system of working out.

"I work on my shoulders and arms one day and then my back and chest the next day," Birchfield said.

"Sometimes I'll work on my legs the next day, but I get a lot of exercise riding my bike so I don't feel the need to work so hard on the weights for them."

Aburime calls this the split system.

"We don't work out the same group of muscles every day," Aburime said. "Because a body will need to recuperate."

"I use the push/pull system," Porter said. "You never work the same group of muscles more than once and one day you work on muscles that pull, like your back and biceps, and the next day you work on muscles that push, like your shoulders, chest and triceps."

The general advice given to beginners is to take it slow, but consistently.

"You should go at it gradually," Porter said. "So you don't burn yourself out."

"A beginning weightlifter should be very determined and discipline himself," Birchfield said. "You should set yourself a program and then stick with it. After even two weeks you should see some kind of progress."

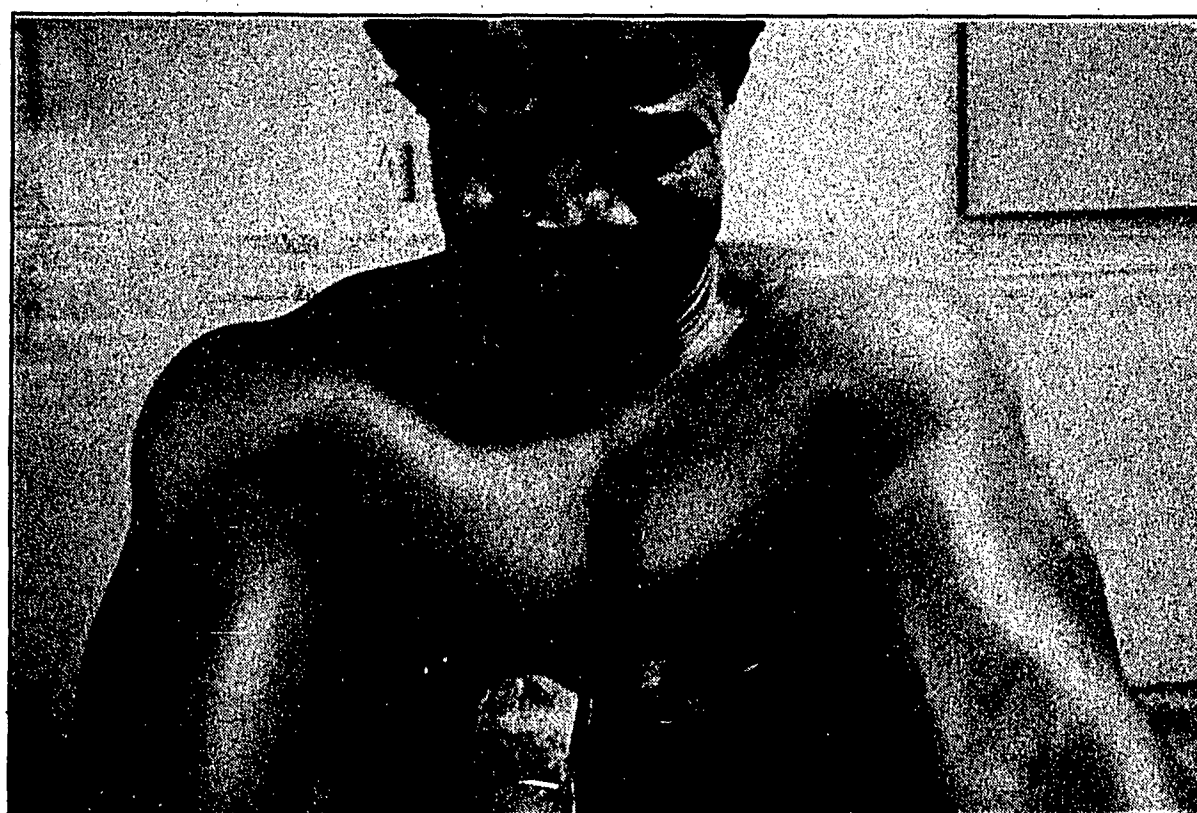
"If you continue to increase the resistance it will try to grow to combat that resistance," Aburime said. "A beginner should begin with 30 minutes a day about three days a week."

Before beginning a workout program, Birchfield said some knowledge of the body is helpful.

"It's good to have some idea of the physiology of the body and the way it functions," Birchfield said.

The Weightlifting Club is open to all men and women on campus and the membership fee varies from semester to semester.

"Our equipment was gotten by the club," Aburime said, "for the members to use in the basement of Horace Mann."



**TOP LEFT:** Dave Porter strains every muscle as he completes a set of dips. Strapped to Porter's waist is a 75-pound weight which he says allows him to gain the most efficiency out of the exercise.

**LEFT:** Ben Birchfield lifts 35-pound dumbbells. It is made difficult by the position of the arm and the angle of the lift.

**ABOVE:** Tony Aburime strengthens his biceps with a set of preacher curls.

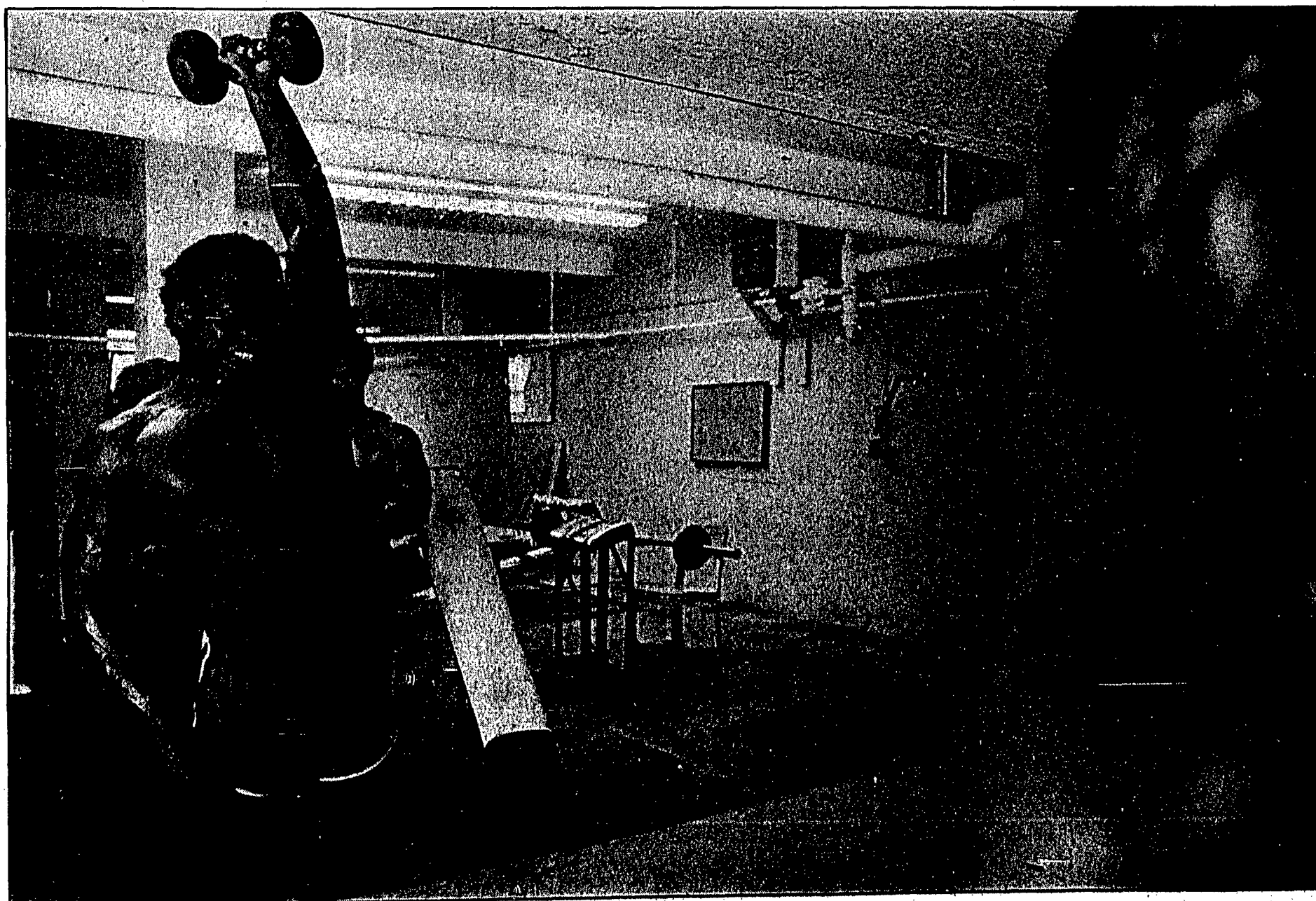


Photo page by Phil Gerstheimer and Cindy Sedler